



OTC AT YOUR
DOOR

**OTC DRUGS
AND ITEMS
CATALOG**

2021



THE OTC ITEMS AND MEDICATIONS YOU REALLY WANT TO GET ARE HERE.

Avoid the spread of diseases, such as COVID-19, with:

- Plastic Face Shield
- Multipurpose disposable wipes with 75% alcohol
- Masks

The brands you know, available now in 2021:

- Ecotrin®
- Theraflu®
- Voltaren®
- Sensodyne®
- Advil Migraine®
- Eucerin®
- Emergen-C®
- Tums®
- Robitussin®

Your favorite nutritional supplements:

- Ensure®
- Glucerna®

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TTY (HEARING IMPAIRED)

YOUR OTC CATALOG



OTC AT YOUR DOOR

1



CHOOSE FROM THE CATALOG

Consult with your doctor and/or pharmacist about the drugs and items most appropriate for you.

2



ORDER

- TELEPHONE
- MOBILE APP

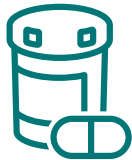
3



RECEIVE AT YOUR HOME

In five days or fewer, at no additional cost.

The prices shown in the catalog only apply to delivery to your home.



AT THE PHARMACY

1



CHOOSE FROM THE CATALOG

2



VISIT THE PHARMACY YOU PREFER WITHIN THE NETWORK

3



TAKE YOUR ITEMS IN THE SAME VISIT

Pharmacy prices may vary by establishment.

MONDAY THROUGH FRIDAY, FROM 8:00 A.M. TO 6:00 P.M.
SATURDAY FROM 8:00 A.M. TO 1:00 P.M.

 www.mmmpr.com

 **MMM**
we walktogether

QUANTITY LIMITS IN EACH ITEM CATEGORY MAY APPLY.

ALIVIO DEL DOLOR



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
A1	Acetaminophen 325 mg Regular Strength Adult Tabs	Tylenol Regular Strength	100	\$4.99
A2	TYLENOL EXTRA STRENGTH 500 MG TABS	-----	24	\$5.99
A3	Pain Relief 500 mg Tabs	Tylenol Extra Strength	24	\$2.50
A4	8 hr Arthritis Pain Acetaminophen ER 650 mg Caplets	Tylenol 8 hr Arthritis	50	\$7.80
A5	Chewable Acetaminophen 160 mg Tabs	Tylenol	24	\$5.99
A6	Pain & Fever Acetaminophen 160 mg/5 ml	Tylenol	4 oz	\$3.99
A7	Tension Headache (Acetaminophen- Caffeine) 500-65 mg Tabs	Excedrin Tension Headache	100	\$6.59
A8	Aspirin EC 81 mg Tabs	Bayer Low dose Aspirin	32	\$1.39
A9	ECOTRIN 81 MG TABS	-----	45	\$3.95
A10	Aspirin Low Dose 81 mg Chewable Cherry	Bayer Aspirin	36	\$1.59
A11	Aspirin 325 mg Tabs	Bayer Aspirin	125	\$3.39
A12	Aspirin 325 mg DR EC Tabs	Bayer Aspirin EC	125	\$3.69
A13	Back & Body (Aspirin- Caffeine) 500-32.5 mg	Bayer Back & Body	50	\$3.20
A14 ▲	Naproxen 220 mg All Day Pain Relief Caplets	Aleve	50	\$5.30
A15 ▲	ALEVE 220 MG CAPLETS (NAPROXEN)	-----	24	\$5.59
A16 ▲	Ibuprofen 200 mg Caplets	Advil	50	\$2.49
A17 ▲	ADVIL LIQUID-GEL (IBUPROFEN 200 MG) CAPS	-----	20	\$4.49
A18	ADVIL DUAL ACTION (ACETAMINOPHEN 125 MG + IBUPROFEN 250 MG) CAPS	-----	18	\$4.29
A19	Ibuprofen 100 mg/5 ml Oral Suspension	Motrin	4 oz	\$5.99
A20	ADVIL MIGRAINE 200 MG CAPS	-----	20	\$4.49
A21	Urinary Pain Relief 97.5 mg Tabs	AZO Urinary Pain Relief	12	\$5.30
A22	Heat Wrap Pad 8 hr	Thermacare	3	\$6.59
A23	Muscle Rub Cream	Bengay Ultra	113 gm	\$10.50
A24	Arthritis Cream (Trolamine) 10%	Aspercream	85 gm	\$5.30
A25	Icy Hot (Menthol) 16% Liquid	Aspercream Max Strength	73 ml	\$10.99
A26	Ice Blue Gel 2%	Icy Hot	226.8 gm	\$3.49
A27	MASLAC	-----	3 oz	\$8.95
A28 ▲	Diclofenac Gel 1%	Voltaren Topical Gel	100 gm	\$12.99
A29 ▲	VOLTAREN TOPICAL GEL 1%	-----	50 mg	\$12.99
A30 ●	ARNICARE GEL	-----	2.6 oz	\$9.99
A31 ●	ARNICA MONTANA PELLETS	-----	30	\$7.49
A32 ●	ARNICARE PAIN RELIEF CREAM	-----	1.33 oz	\$7.99
A33 ●	ARNICARE OINTMENT	-----	1 oz	\$7.99
A34 ●	ARNICARE ARTHRITIS TAB	-----	60	\$12.90

INSOMNIA RELIEF

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
B1	<i>Sleep Aid (Doxylamine) 25 mg Tabs</i>	Unisom	32	\$2.99
B2	<i>Melatonin 5 mg Tabs</i>	-----	100	\$4.09
B3	<i>Acetaminophen PM (APAP- Diphenhydramine) 25-500 mg Tabs</i>	<i>Tylenol PM Extra Strength</i>	24	\$2.79
B4	TYLENOL PM 25-500 MG CAPLETS	-----	24	\$6.49

MOTION SICKNESS RELIEF

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
C1	<i>Motion Sickness Relief (Dimenhydrinate) 50 mg</i>	Dramamine	12	\$1.29

BRACES AND SUPPORT

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
D1	<i>Arm Sling Universal with Shoulder Pad</i>	-----	1	\$10.95
D2	<i>Tennis Elbow Strap Universal</i>	-----	1	\$5.99
D3	<i>Wrist Splint Universal</i>	-----	1	\$10.98
D4	<i>Wrist Support Universal</i>	-----	1	\$2.73
D5	<i>Wrist Wrap Universal</i>	-----	1	\$6.99
D6	<i>Back Support Universal</i>	-----	1	\$15.69
D7	<i>Knee Wrap Open Patella Universal</i>	-----	1	\$12.99
D8	<i>Ankle Support Universal</i>	-----	1	\$10.95
D9	<i>Thigh Wrap Universal</i>	-----	1	\$12.88
D10	<i>Knee Elastic W/Stays Small</i>	-----	1	\$8.43
D11	<i>Knee Elastic W/Stays Medium</i>	-----	1	\$5.99
D12	<i>Knee Elastic W/Stays Large</i>	-----	1	\$8.43
D13	<i>Cushion, Ring</i>	-----	1	\$17.99

COLD AND ALLERGY

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
E1	ROBITUSSIN DM LIQUID	-----	4 oz	\$7.15
E2	<i>Tussin DM Cough/ Chest Congestion Liquid</i>	Robitussin DM	4 oz	\$2.69
E3	<i>Tussin DM (Guaifenesin -Dextromethorphan) 200-20 mg/10 ml Liquid</i>	Robitussin DM Sugar Free	4 oz	\$5.36
E4	<i>12 Hour Cough DM (Dextromethorphan) Orange Alcohol Free Oral Susp</i>	Delsym	3 oz	\$8.55
E5	<i>Tussin Cold CF Liquid</i>	Robitussin Multisymptoms Cold	4 oz	\$2.90
E6	<i>Daytime Severe Cold & Flu Liquid</i>	Dayquil	237 ml	\$4.99
E7	TYLENOL COLD & FLU 200-10-5-325 MG TABS	-----	24	\$7.99
E8	<i>Severe Cold/Flu 200-10-5-325 mg Tabs</i>	Tylenol Cold & Flu	24	\$4.49
E9	<i>Cough & Cold HBP (Chlorpheniramine - Dextromethorphan) 4-30 mg Tabs</i>	Coricidin HBP Cough & Cold	16	\$3.99
E10	<i>Daytime Sinus Reliever Pressure & Pain (Phenylephrine- APAP-Guaifenesin) Tab 5-325-200 mg Caplets</i>	Tylenol Sinus Severe	24	\$2.39
E11	<i>Mucus Relief Dm (Guaifenesin -Dextromethorphan) 400-20 mg Tabs</i>	<i>Mucinex DM</i>	50	\$5.69

■ = Items safe for use by people with diabetes (do not contain sugar).

★ = Items safe for use by people with high blood pressure.

🚗 = Items available for home delivery only.

COLD AND ALLERGY (continued)

CÓDIGO	DESCRIPCIÓN	EQUIVALENTE	CANTIDAD	PRECIO
E12	Mucus Relief (Guaifenesin) 200 mg Tabs	Mucinex	60	\$3.69
E13	VICKS NYQUIL COUGH CHERRY LIQUID	-----	355 ml	\$12.96
E14	Nighttime Cough Cherry Liquid	Vicks Nyquil Cough	355 ml	\$5.99
E15	Cough Drop 7.5 mg Lozenges	Halls	30	\$1.69
E16	Cough Drop 7.6 mg Lemon Sugar Free Lozenges	Halls Cough Drops Honey Lemon Sugar Free	25	\$4.25
E17	All Day Allergy (Cetirizine) 10 mg 24 hr Tabs	Zyrtec	30	\$3.00
E18	Levocetirizine 24 hr 5 mg Tabs	Xyzal	10	\$5.99
E19	BENADRYL ALLERGY (DIPHENHYDRAMINE) 25 MG CAPS	-----	24	\$6.99
E20	Allergy (Diphenhydramine) 25 mg Caps	Benadryl Allergy	24	\$1.39
E21	Allergy Relief (Fexofenadine) 180 mg 24 hr Tabs	Allegra Allergy	15	\$12.39
E22	Loratadine 10 mg Tabs	Claritin	30	\$3.99
E23	Allergy (Loratadine) 5 mg/ 5 ml Sugar Free Liquid	Claritin	4 oz	\$9.89
E24	Nasal Allergy Spray 24 hr (Triamcinolone) 55 mcg/ Spray	Nasacort	0.57 oz	\$22.38
E25	Fluticasone Solution Nasal	Flonase Allergy Relief	15.8 ml	\$18.49
E26	Saline 0.65% Nasal Solution	Ocean	88 ml	\$1.79
E27	Nasal Strips 30 Clear Medium	Breath Right	30	\$12.80
E28	Sore Throat 1.4% Cherry Spray	Chloraseptic	177 ml	\$3.29
E29	VICKS VAPORUB OINTMENT	-----	1.76 oz	\$7.49
E30	Chest Rub Medicated Ointment	Vicks Vaporub	1.76 oz	\$5.09
E31	Immune Support Citrus Chewable Tabs	Airborne	50	\$10.99
E32	EMERGEN-C 1,000 MG VITAMIN C ORANGE PACK	-----	30	\$11.99
E33	THERAFLU EXPRESS MAX DAYTIME LIQUID	-----	8.3 oz	\$8.49
E34	THERAFLU EXPRESS NIGHTTIME LIQUID	-----	8.3 oz	\$8.49
E35	ZICAM SINUS GEL RELIEF	-----	0.5oz	\$14.99

SMOKING CESSATION



CÓDIGO	DESCRIPCIÓN	EQUIVALENTE	CANTIDAD	PRECIO
F1	Nicotine Patch 7 mg / 24 hr	Habitrol	14	\$57.10
F2	Nicotine Patch 14 mg / 24 hr	Habitrol	14	\$57.10
F3	Nicotine Patch 21 mg / 24 hr	Habitrol	14	\$36.60

DIABETES CARE



CÓDIGO	DESCRIPCIÓN	EQUIVALENTE	CANTIDAD	PRECIO
G1	Glucose Tablets Orange	Trueplus Glucose	50	\$5.42
G2	Glucose Tablets Raspberry	Trueplus Glucose	50	\$5.42
G3	Diabetic Sock Ankle White - Medium	-----	1 par	\$6.92

DIABETES CARE (continued)



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
G4 ■	Diabetic Sock Ankle White - Large	-----	1 pair	\$6.92
G5 ■	Diabetic Sock Crew White -Medium	-----	1 pair	\$8.32
G6 ■	Diabetic Sock Crew White -Large	-----	1 pair	\$8.32
G7 ■	Diabetic Sock Ankle Black -Medium	-----	1 pair	\$6.92
G8 ■	Diabetic Sock Ankle Black -Large	-----	1 pair	\$6.92
G9 ■	Diabetic Sock Crew Black - Medium	-----	1 pair	\$8.32
G10 ■	Diabetic Sock Crew Black - Large	-----	1 pair	\$8.40

SKIN CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
H1	A&D Zinc Oxide Diaper Rash Cream	A&D	4 oz	\$9.00
H2	Zinc Oxide 40% Maximum Strength Diaper Rash Ointment	-----	4 oz	\$6.99
H3	Zinc Oxide 25% Cream	-----	1 oz	\$2.50
H4	Antiseptic Skin Cleanser	Hibiclens	8 oz	\$11.00
H5	EUCERIN CALM BODY WASH	-----	8.4 oz	\$9.69
H6 ●	PROTEX LIQUID ANTIBACTERIAL SOAP	-----	7.5 oz	\$4.99
H7	Moisturizing Cream	Cerave	473 ml	\$8.99
H8	EUCERIN INTENSIVE SKIN LOTION	-----	6.8 oz	\$9.49
H9	Agua Maravilla	Agua Hamamelis	8 oz	\$4.99
H10	Sunscreen SPF 50 Lotion	Coppertone SPF 50	8 oz	\$9.99
H11	Sunscreen SPF 30 Lotion	Coppertone SPF 30	8 oz	\$8.99
H12	Aloe Vera Smoothing Gel	Banana Boat Aloe Vera	1 oz	\$5.49
H13	Instant Burn Relief SX	Solarcaine Aloe	4.5 oz	\$9.29
H14	Hand Sanitizer 70% Gel	Purell	236 ml	\$3.99
H15	Mosquito Repellent No DEET	OFF Familycare Clean Feel	3.4 oz	\$9.99

EYE AND EAR CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
I1	SYSTANE EYE DROPS		30 amp	\$17.95
I2	Lubricant Eye Drops	Systane	30 amp	\$16.09
I3	Artificial Tears Eye Drops	Visine Tears	15 ml	\$3.99
I4	Redness Relief (tetrahydrozoline) Eye Drops	Visine Original	15 ml	\$3.49
I5	Eye Itch Relief (ketotifen) Dr 0.025% Eye Drops	Zaditor	5 ml	\$10.79
I6	NAPHCON A EYE DROPS	-----	15 ml	\$12.49

EYE AND EAR CARE *(continued)*



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
17 ▲	PATADAY 0.2% EYE DROPS	-----	2.5 ml	\$22.99
18	Eye Wash Irrigant Solution	Boraqua	4 oz	\$11.89
19	Ear Wax Remover Drops	Debrox	15 ml	\$3.29
110 ○	Earache Relief Drops	-----	10 ml	\$9.99

FOOT CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
J1	Clotrimazole 1% Cream	Lotrimin AF	28 gm	\$2.99
J2	Tolnaftate 1% Antifungal Cream	Tinactin	1 oz	\$2.99
J3	Foot Powder (Miconazole) SP 2% Powder	Lotrimin AF Powder	130 gm	\$6.59
J4	Corn Remover	Dr. Scholls	9 ml	\$2.90
J5	Moleskin Pads	Moleskin	3	\$2.30

DIGESTIVE CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
K3 ▲	Acid Reducer (Famotidine) 10 mg Tabs	Pepcid AC	30	\$2.79
K4 ▲	Acid Reducer (Famotidine) 20 mg Tabs	Pepcid AC	25	\$5.79
K5 ▲	Esomeprazole Magnesium 20 mg DR Caps	NEXIUM 24 hr	14	\$10.28
K6 ▲	Lansoprazole 15 mg Tabs	Prevacid 24 hr	14	\$11.10
K7 ▲	Omeprazole 20 mg Tabs	Prilosec OTC	28	\$29.29
K8	Extra Strength Antacid Chewable Original Tabs	GAVISCON	100	\$5.95
K9	Extra Strength Heartburn Relief Cherry Liquid	GAVISCON Extra Strength	12 oz	\$9.45
K10	Antacid 1000 mg Assorted Berries Chewable Tabs	Tums	72	\$3.79
K11	Antacid/ Antigas Mint Liquid	Maalox Regular Strength	12 oz	\$4.39
K12	Pink Bismuth 262 mg Chewable Tabs	Pepto Bismol	30	\$3.69
K13	Stomach Relief (Bismuth Subsalicylate) 525 mg/ 30 ml Liquid	Pepto Bismol	354 ml	\$7.60
K14	Gas Relief 125 mg XS Softgels	Gas-X	30	\$3.29
K15	IMODIUM AD 2 MG CAPLETS	-----	12	\$8.99
K16	Anti-Diarrheal 2 mg Caplets	Imodium AD	12	\$1.39
K17	Dairy Digestive Caplets	FAST ACT	60	\$8.26
K18	Nausea Relief Cherry Alcohol Free Liquid	EMETROL	4 oz	\$3.99
K19	Alka-Sel Heartburn Tabs Effervescent	Alka Seltzer	36	\$10.29
K20	Fiber Laxative 625 mg Caplets	Fibercon	90	\$9.19
K21	Fiber Laxative Orange Smooth Texture	Metamucil	10 oz	\$10.59
K22	Stool Softener 100 mg Gelcaps	Colace	100	\$3.99

DIGESTIVE CARE (continued)



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
K23	Mineral Oil Liquid	Roberts	16 oz	\$5.59
K24	Milk Of Magnesium Original Liquid	Phillips Milk of Magnesia	12 oz	\$3.99
K26	Glycerin Laxative Suppositories	Glycerin	2 gm	\$2.99
K27	Clearlax Laxative Powder	Miralax	3 oz	\$8.70
K30	Enema Water Bottle Combination	-----	1	\$14.99
K31	Bisacodyl 5 mg EC Tabs	Dulcolax	25	\$1.89
K32	Senna-S 50 mg-8.6 mg Tabs	Senokot-S	60	\$3.89
K33	Regular Strength Chocolate Laxative Sennosides 15 mg Pieces	EX-LAX	24	\$5.40
K34	Hemorrhoidal Suppositories	Preparation H	12	\$4.19
K35	Hemorrhoid 0.25-14-74.9 % Ointment	Preparation H	57 gm	\$5.29
K36	Hemorrhoidal Wipes W/Aloe	Preparation H	48	\$6.79
K37	GAVICON CHERRY LIQUID	-----	12 oz	\$9.98
K38	TUMS EX ASSORTED FRUIT TABS	-----	96	\$6.39
K39	PAPAYA ENZYME CHEW	-----	100	\$9.49
K40	PHILLIPS COLON HEALTH CAPLETS	-----	30	\$17.86
K41	Lactobacillus CAPS	-----	60	\$11.57

FEMININE CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
L1	Anti-Itch Vaginal Cream 20-3%	Vagisil	28 gm	\$3.99
L2	Miconazole 7 Cream 2%	Monistat 7	45 gm	\$10.39
L3	Tioconazole-1 Ointment	Monistat 1 day	4.6 gm	\$27.39
L4	Vaginal Moisturizer	Replens Moisturizer	1 oz	\$17.25

ORAL CARE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
M1	ANBESOL MAX / ST GEL	-----	0.33 oz	\$12.39
M2	FINAFTA LIQUID	-----	15 ml	\$8.29
M3	Antiseptic Mouthwash	Listerine	16 oz	\$3.59
M4	EFFERDENT PLUS TABS	-----	36	\$5.79
M5	FIXODENT 2.4 OZ ORIG	-----	2.4 oz	\$12.10
M6	Soft Toothbrush	Colgate Soft Toothbrush	2	\$3.90
M7	Toothpaste	Colgate Total Fresh Stripe Toothpaste	6 oz	\$3.99
M8	SENSODYNE- REPAIR & PROTECT EXTRA FRESH	-----	3.4 oz	\$6.76
M9	Dental Tape Waxed	Dental Tape Waxed	1	\$2.59

INCONTINENCE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
N1	TENA BASIC MEDIUM	-----	72	\$37.50
N2	TENA BASIC LARGE	-----	72	\$37.50
N3	TENA CLASSIC X-LARGE	-----	50	\$37.50
N4	PULL UP SMALL / MEDIUM	Depend Underwear	80	\$43.80
N5	PULL UP LARGE	Depend Underwear	72	\$47.80
N6	PULL UP X-LARGE	Depend Underwear	56	\$55.80
N7	Wings Adult Briefs Small	-----	96	\$37.50
N8	Wings Adult Briefs Medium	-----	96	\$37.50
N9	Wings Adult Briefs Large	-----	72	\$37.50
N10	Wings Adult Briefs X-Large	-----	60	\$37.50
N11	Wings Adult Briefs XX-Large	-----	48	\$41.99
N12	Wings Adult Briefs XXX-Large	-----	32	\$49.95
N13	TENA PANTS MEDIUM	-----	60	\$39.95
N14	TENA PANTS LARGE	-----	60	\$39.95
N15	Women's Bladder Control Pads	Poise	22	\$5.99
N16	Men's Bladder Control Pads	Depend	14	\$8.99
N17	Underpads	-----	150	\$37.50
N18	Wipes	Chubs	20	\$1.89
N19	Wipes	Chubs	48	\$2.49
N20	Wipes	Chubs	80	\$3.09

BLOOD PRESSURE MONITORING DEVICE



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
01	Blood Pressure Monitor Small-Medium	-----	1	\$25.00
02	Blood Pressure Monitor Large	-----	1	\$25.00
03	Blood Pressure X-Large	-----	1	\$25.00

MISCELLANEOUS

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
P1	Pill Box 7 days	-----	1	\$2.49
P2	Pill Cut Case	-----	1	\$4.49
P3	Ice Bag 6 inch	-----	1	\$8.49
P4	Heating Pad Moist/ Dry Heat	-----	1	\$29.99
P5	Thermometer 20 Seconds Flexible Tip Digital	-----	1	\$6.88
P6	Multi-Purpose 75% Alcohol Wipes	-----	15	\$1.95
P7	Finger Pulse Oximeter	-----	1	\$34.95
P8	Bathroom Scale	-----	1	\$27.95
P9	Food Scale	-----	1	\$22.95
P10	Pill Box 7 days, 4 dosages per day	-----	1	\$5.78

PRESCRIPTION DRUGS



PRESCRIPTION
TO YOUR **DOOR**

MMM takes care of you!

To support you by avoiding the need to, frequently, go out to get your prescription drugs, we cover the delivery costs of maintenance and prescription drugs.

Look for the list of more than **1,000 participating pharmacies** at www.mmmpr.com



For more information about this and other services, call us at **Members Services Department** at:

1-866-333-5470

(TOLL FREE)

1-866-333-5469

TTY (HEARING IMPAIRED)

Monday through Sunday, from 8:00 a.m. to 8:00 p.m.



FIRST AID

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
Q1	Triple Antibiotic Ointment	Neosporin	1 oz	\$4.59
Q2	Bacitracin Ointment	-----	1 oz	\$3.99
Q3	Poly Bacitracin Ointment	Polysporin	1 oz	\$4.99
Q4	Anti Itch Cream	Benadryl Cream	1 oz	\$2.99
Q5	Anti- Itch Extra Strength Cream	Benadryl Extra Strength Cream	1 oz	\$2.99
Q6	Anti-itch Lotion	Sarna	7.5 oz	\$9.99
Q7	Pramoxine- Calamine 1-8% Lotion	Caladryl	6 oz	\$7.80
Q8	Calamine- Zinc Oxide 8-8% Lotion	Calamine	6 oz	\$6.99
Q9	Hydrocortisone 1% Cream	Cortaid	1 oz	\$2.89
Q10	Epsom Salt Granules	Epsom Salt	1 lb	\$2.59
Q11	Hydrogen Peroxide .3% Solution	Agua Oxigenada	16 oz	\$1.49
Q12	Merthiolate Tincture	Merthiolate	1 oz	\$3.29
Q13	Iodine Tincture 2%	Iodine Tincture	1 oz	\$7.89
Q14	Povidone-Iodine 10% Solution	Betadine	8 oz	\$7.09
Q15	Alcohol Isopropyl 70% Solution	Alcohol Isopropyl	16 oz	\$3.10
Q16	Petroleum Jelly	Vaseline	3.75 oz	\$2.49
Q17	Powder Free Exam Gloves Universal Large	-----	100	\$11.25
Q18	Bandage Plst A/B Ap 0.1%	Band-Aid	60	\$2.10
Q19	Bandage Shr A/B Ap 0.1% Astd	Band-Aid	20	\$2.29
Q20 ▲	Alcohol Swabs Isopropyl Alcohol 70%	-----	100	\$2.49
Q21 ▲	Pads Sterile 3"X 3"	Band-Aid	25	\$4.59
Q22 ▲	Pads Sterile 4"x 4"	Band-Aid	10	\$3.79
Q23 ▲	Pads Sterile No Stick 3"X 4"	Band-Aid	10	\$3.49
Q24 ▲	Bandage Gauze 3"X 2.5 Yd	Band-Aid	2.5 yd	\$2.69
Q25 ▲	Paper Tape Dispenser 1N	3M Tape	10 yd	\$4.60
Q26 ▲	Tape Waterproof Adhesive 1"	Band-Aid	5 yd	\$2.99
Q27 ▲	Elastic Bandage 3 x 5 Yds	-----	5 yd	\$8.50
Q28	Cotton Balls Sterile	Cotton Balls	130	\$3.99
Q29	First Aid Kit	J&J First Aid Kit	70 pcs	\$12.09
Q30	Wart Remover Liquid 17%	Dr. Scholl's Wart	9 ml	\$6.50
Q32	Disposable Ear Loop Face Mask	-----	10 pcs	\$5.00
Q33	Face Shield Protector	-----	1	\$4.50
Q34	Alcoholado	-----	12 oz	\$2.79
Q35	DERMOPLAST AEROSOL 20-0.5%		78 g	\$8.29

NUTRITIONAL SUPPLEMENTS



CÓDIGO	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
R1	ENSURE VANILLA EAGLE	-----	6	\$9.99
R2	ENSURE CHOCOLATE EAGLE	-----	6	\$9.99
R3	ENSURE STRAWBERRY EAGLE	-----	6	\$9.99
R4	ENSURE BUTTER PECAN EAGLE	-----	6	\$9.99
R5	ENSURE VANILLA EAGLE	-----	24	\$39.96
R6	ENSURE CHOCOLATE EAGLE	-----	24	\$39.96
R7	ENSURE STRAWBERRY EAGLE	-----	24	\$39.96
R8	ENSURE BUTTER PECAN EAGLE	-----	24	\$39.96
R9	■ GLUCERNA VANILLA SHAKES	-----	6	\$11.99
R10	■ GLUCERNA CHOCOLATE SHAKES	-----	6	\$11.99
R11	■ GLUCERNA STRAWBERRY SHAKES	-----	6	\$11.99
R12	■ GLUCERNA VANILLA SHAKES	-----	24	\$47.99
R13	■ GLUCERNA CHOCOLATE SHAKES	-----	24	\$47.99
R14	■ GLUCERNA STRAWBERRY SHAKES	-----	24	\$47.99
R15	BOOST ORIGINAL VANILLA SHAKES	-----	24	\$47.99
R16	BOOST ORIGINAL CHOCOLATE SHAKES	-----	24	\$47.99
R17	BOOST ORIGINAL STRAWBERRY SHAKES	-----	24	\$47.99
R18	■ BOOST GLUCOSE CONTROL VANILLA SHAKES	-----	24	\$47.99
R19	■ BOOST GLUCOSE CONTROL CHOCOLATE SHAKES	-----	24	\$47.99

PROTEIN DERIVATIVES

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
S1	○ Colágeno Plus Vitamin C Tabs	-----	90	\$13.99
S2	🚗▲○ G Pre-Protein Liquid	Pre-Protein Liquid	16 oz	\$17.99
S3	○ Juven Orange Therapeutic Nutrition Powder	-----	8	\$22.80
S4	○ Juven Fruit Punch Therapeutic Nutrition Powder	-----	8	\$22.80



VITAMINS AND MINERALS

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
V1	○ Vitamin A 10,000 IU Caps	-----	100	\$7.39
V2	○ Vitamin B-1 Tabs 100 mg	-----	100	\$6.60
V3	○ Vitamin B-6 Tabs 100 mg	-----	100	\$6.00
V4	○ B-Complex Plus Vitamin C Tabs	-----	100	\$6.69
V5	○ Vitamin B-12 (Cyanocobalamin) Tabs 1,000 mcg Caps	-----	60	\$5.59
V6	○ Vitamin B-12 (Cyanocobalamin) 1,000 Mcg Sublingual Tabs	-----	60	\$6.99

○ = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.

■ = Items safe for use by people with diabetes (do not contain sugar).

VITAMINS AND MINERALS *(continued)*

CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
V7	🕒 Biotin 10,000 mcg Tabs	-----	100	\$13.19
V8	🕒 Vitamin C 500 mg Tabs	-----	100	\$4.40
V9	🕒 CALTRATE 600 + D3 TABS 600MG-800 IU	-----	60	\$12.99
V10	🕒 Calcium 600 + D3 Tabs 600 mg-800 IU	Caltrate 600 + D	60	\$2.79
V11	🕒 Calcium/Magnesium/Zinc Caplets	-----	100	\$6.19
V12	🕒 CoQ10 Tabs 200 mg	-----	30	\$13.29
V13	🕒 Vitamin D3 Tabs 1,000 IU	-----	75	\$2.69
V14	🕒 Vitamin D3 Tablets 90 mg-10,000 IU	-----	100	\$6.69
V16	🕒 Vitamin E 400 IU Softgel	-----	100	\$10.99
V17	🕒 Eye Health W/ Lutein Caplets	Ocuvite Lutein & Zeaxanthin	36	\$9.00
V18	🕒 Ferrous Sulf 325 mg Tabs	Feosol	125	\$4.89
V19	🕒 Fish Oil 1000 mg Caps	-----	60	\$8.50
V20	🕒 Folic Acid 400 mcg Tabs	-----	250	\$6.09
V21	🕒 Glucosamine / Chondroitin W/MSM Tabs	-----	90	\$15.39
V22	🕒 L-Lysine 500 mg Tabs	-----	100	\$5.79
V23	🕒 Multivitamin Adult Caplets	Centrum Adults	300	\$20.19
V24	🕒 Multivitamin W/Fe Tabs	-----	100	\$7.39
V25	🕒 CENTRUM SILVER WOMEN	-----	65	\$10.39
V26	🕒 Multivitamin Women Tabs	Centrum Adults Women's	100	\$6.60
V27	🕒 CENTRUM SILVER MEN	-----	65	\$10.39
V28	🕒 Multivitamin MEN Caplets	Centrum Adults Men's	100	\$7.89
V29	🕒 Magnesium 250 mg Tabs	-----	100	\$5.09
V30	🕒 Magnesium Oxide 400 mg Tabs	Mag-Ox 400	120	\$5.89
V31	🕒 Potassium 99 mg Tabs	-----	100	\$5.00
V32	🕒 Super Omega 3 Softgels	-----	60	\$13.09
V33	🕒 VASOFLEX TABS	-----	60	\$22.99
V34	🕒 Vitamins W/ Lipotropics Tabs	Ear Health Formula	100	\$25.50
V35	🕒 Zinc Gluconate 50mg Tabs	-----	100	\$6.29
V36	🕒 Alpha lipoic acid 300 mg Caps	-----	50	\$9.99
V37	🕒 APETEX LIQUID	Apetigen Liquid	474 ml	\$14.95
V38	🕒🚚 AGUA DE AZAHAR LIQUID	-----	8 oz	\$2.79
V39	🕒 ECHINACEA 400 MG CAPS	-----	100	\$6.99
V40	🕒 TURMERIC 500 MG CAPS	-----	60	\$6.99
V41	🕒 GARLIC 200 MCG TABS	-----	120	\$7.99
V42	🕒 GINGO BILOBA 40 MG TABS	-----	60	\$11.99
V43	🕒 GINGER 500 MG TABS	-----	120	\$8.99

VITAMINS AND MINERALS (continued)



CODE	DESCRIPTION	EQUIVALENT TO	QUANTITY	PRICE
V44	Latin Doctors Pharma - Pain	-----	60	\$39.99
V45	Latin Doctors Pharma - Collagen	-----	30 units per box	\$49.99
V46	Latin Doctors Pharma - Femme Balance	-----	60	\$29.99
V47	Latin Doctors Pharma - Fit	-----	60	\$29.99
V48	Latin Doctors Pharma - Liver	-----	60	\$33.95
V49	Latin Doctors Pharma - Mega Vit Plus	-----	60	\$29.95
V50	Latin Doctors Pharma - Prostate	-----	60	\$39.99
V51	Latin Doctors Pharma - Sleep	-----	60	\$31.95
V52	Latin Doctors Pharma - Testosterone	-----	60	\$34.99
V53	Latin Doctors Pharma -Hair	-----	60	\$39.99



MOBILE APP

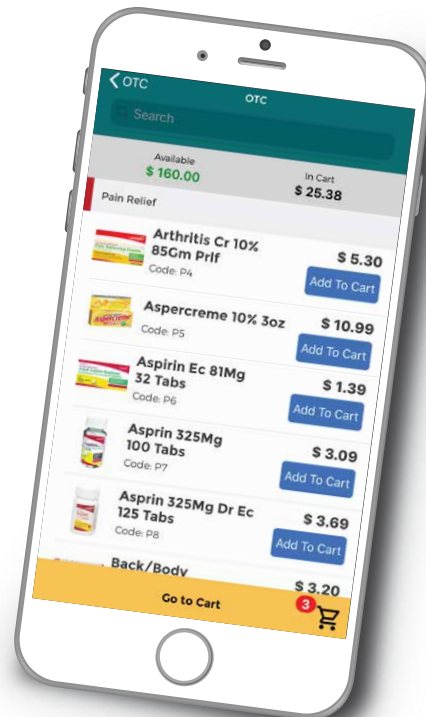
ORDER YOUR OTC

AT THE TOUCH OF THE SCREEN

You can also see:

- Over the counter (OTC) Catalog
- Pictures of the OTC items by category
- Order history
- Monthly balance of your OTC benefit
- Remaining balance as you are ordering
- Order status

**This application is exclusive
for members and authorized caregivers.**



EASY TO DOWNLOAD AND USE

Questions and Answers

What are OTC drugs?

OTC drugs and items are health-related items and medications that are available outside the prescription drug dispensing area. They are safe and effective for treating various medical conditions and have been approved by the Food and Drug Administration (FDA). The cost of these OTC drugs will not count toward your total Part D drugs costs.

How does this benefit work?

Your coverage offers a limited amount of money for OTC drugs and items. Refer to your Evidence of Coverage document for more details. This benefit gives you the opportunity to obtain drugs and items from a list that includes various categories, from analgesics to homeopathic drugs and vitamins. It also provides the opportunity to maximize your Medicare Part D benefit and maintain your drug therapy throughout the year.

Since when is this catalog valid?

The validity of this catalog extends for the 2021 policy year, that is, from the moment you join until December 31.

How long will it take to get my order?

If you use the service to your door, the average time will be up to five working days after you have completed your order. If you prefer to use your benefit at the pharmacy, you can take the items the same day.

How can I know how much money I have available to place an order?

Benefits may vary from one coverage to another. In order to verify the OTC amount available in your coverage, you may call Member Services or visit your nearest service office.

Can I share my benefit with a relative or friend?

OTC drugs and items are intended solely for the use of members to help with a medical or health condition. The use of this benefit to order OTC drugs and items for relatives or friends is prohibited.

If I get a damaged item, how can I exchange or return it?

If you receive a damaged item, please call us within 30 days of the arrival of your order. An equal replacement item will be sent. Other returns or changes will not be allowed.

Can I buy disposable diapers or other adult incontinence items, pressure monitor and gloves at the pharmacy?

These items are only available for home delivery.

Is there a different catalog for the pharmacy?

No, the catalog is the same. However, prices, product presentations, and names may vary by pharmacy.

Where do I have to go at the pharmacy and how do I order the items in the catalog?

You can pick up OTC products at your pharmacy of choice, WITHOUT PRESCRIPTION, in the pharmacy area. The products offered by this service are in the OTC catalog.

Which are the participating pharmacies?

You can find the list of pharmacies in the Providers Directory or on our website: www.mmmpr.com.

Can I order by phone or mobile application directly with the pharmacy I want and pick it up later?

The phone or mobile application ordering service is exclusive for OTC at Your Door.

If the cost of purchasing the OTC items that I am going to pick up at the pharmacy is greater than the balance I have available, can I pay the difference directly at the pharmacy?

If the amount to be paid is greater than the available balance, the excess can be paid directly at the pharmacy at the time of pick up.



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OTC DRUGS AND ITEMS CATALOG 2021

OTC DRUGS AND ITEMS CATALOG

2021



OTC^{AT}
YOUR
DOOR